



RESOURCE LIST

& Additional Information

Expanded information including locations, services provided, and operational hours for the resources of the city of Lakeland.

Community & Economic Development
Department

Contents

Abuse & Domestic Violence	6
Addiction & Substance Abuse Services	7
Adoption & Fostering Services	8
Childcare	9
Counseling & Mental Health	10
Crisis & Emergency Intervention	13
Dental Services	15
Disaster Relief	16
Disability Services	17
Employment Assistance	19
End of Life Services	21
Food & Medicine	22
Financial Assistance	25
Healthcare	26
HIV & AIDs	27
Homeless & Transitional Resources	28
Housing	30
Law Enforcement	31
Prescription Assistance	32
Senior Services	32
Transportation	34
Veteran & Military Services	35
United Way	36



Additional Information

Abuse & Domestic Violence

[Florida Abuse Hotline](#)

The Florida Abuse Hotline accepts reports 24 hours a day and 7 days a week of known or suspected child abuse, neglect, or exploitation of a vulnerable adult.

[1 \(800\) 962-2873](#)

[National Sexual assault Hotline](#)

Operated and created by RAINN, it is the nation's largest anti-sexual violence organization. RAINN partners with more than 1,000 local sexual assault service providers across the country.

[1 \(800\) 656-4673](#)

[Human Trafficking Hotline](#)

For immediate assistance, call the National Human Trafficking Hotline at 1-888-373-7888. The Hotline is available 24 hours a day, 7 days a week in more than 200 languages. Calls are confidential and answered live by highly trained Anti-Trafficking Hotline Advocates.

[1 \(888\) 373-7888](#)

[Peace River Center- Domestic Violence Shelter](#)

Peace River Center of Lakeland has a Victim Services Domestic Violence Center and Rape Recovery Program provides services and support to victims/survivors of Domestic Violence. The location of the Domestic Violence Shelter is confidential.

24-Hour Domestic Violence Crisis Line: [\(863\) 386-1167](#)

Victim Services Office Line: [\(863\) 413-2708](#)

Domestic Violence Outreach Services: [\(863\) 413-2700](#)

Victim Services Office Line: [\(863\) 413-2708](#)

24-Hour Sexual Assault Crisis Lines: [\(863\) 413-2707](#)

Toll Free: [\(877\) 688-5077](#)

Hours of Operation: 24 hours a day, seven days a week, 365 days a year.

Location: [1831 North Crystal Lake Drive, Lakeland, FL 33801](#)

Addiction & Substance Abuse Services

[AL-Anon](#)

Al-Anon is a program of mutual support for individuals whose lives have been impacted by the drinking of others. The purpose is to aid alcoholics' families. It is **not** an intervention program, it is for the attending individual, not the alcoholic.

[\(866\) 702-3754](#)

[Heartland Intergroup of Alcoholics Anonymous](#)

Alcoholics Anonymous is a support group for those suffering from alcoholism.

[\(863\) 688-0211](#)

Helpline: [\(863\) 683-0630](#)

Hours of Operation: Monday-Saturday, 9:00 AM- 5:00 PM. **Closed** on Sundays.

Location: [4204 Florida Ave S, Lakeland, FL 33813](#) , Suite H

[Drug Helpline](#)

SAMHSA's National Helpline, also known as the Treatment Referral Routing Service, is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance abuse disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

[1 \(800\) 662-HELP](#)

[1 \(800\) 662-4357](#)

[Peace River Center- Substance Use Treatment](#)

This is an addiction treatment facility and drug rehabilitation organization. Peace River offers services in individual & family substance use treatment counseling, intensive substance uses treatment outpatient group therapy, substance abuse evaluation, substance abuse education, and aftercare services.

[\(863\) 248 3311](#)

Operation Hours: Hours vary.

Location: [1825 Gilmore Avenue, Lakeland, FL 33805](#)

[Talbot House Ministries](#)

The Renewal program serves men and women who have chronic issues with homelessness, including substance abuse and mental health issues, the program is designed to provide enrolled clients with assistance with birth certificates, driver's license reinstatement, educational advancement, spiritual growth opportunities, as well as employment training, placement, and financial education through our Solutions program.

[\(863\) 687-8475](#)

Hours of Operation: Monday-Friday, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday.

Location: [814 North Kentucky Ave, Lakeland, FL 33801](#)

[Tri-County Human Services](#)

For anyone who needs outpatient substance use and mental health services in Polk County. These services are individualized to meet the needs of each person entering into services.

[\(863\) 701-7373](#)

Hours of Operation: Monday-Friday, 9:00 AM-4:30 PM. Office **closed** on Saturday and Sunday.

Location: [5421 US Highway 98 S. Highland City, FL 33846](#)

Adoption & Fostering Services

[Children's Home Society](#)

CHS works to keep kids safe at home with their families, giving parents confidence and opportunities to build upon their strengths, empowering them to raise their children in healthy, nurturing homes.

[\(863\) 413-3126](#)

Hours of Operation: Monday-Friday, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday.

Location: [1010 East Rose Street, Lakeland, FL 33801](#)

[Florida's Adoption Information Center](#)

Provides adoption information and referral services to adoptive parents, adult adoptees, pregnant women, and professionals.

[1 \(800\) 962-3678](#)

Email: adoptflorida@danielkids.org

[Florida Department of Children and Families](#)

Explore information about adoption, local resources for adoption, and find a match. Information is also provided for foster parents.

Foster Information Center: [1 \(833\) 678-3735](tel:18336783735)

Adoption Information Center: [1 \(800\) 96-ADOPT](tel:180096ADOPT)

[Licensed Adoption Agencies in Florida](#)

[One More Child](#)

Information on becoming a foster parent and applying to live in a foster family home rent-free maintained by One More Child.

[\(863\) 687-8811](tel:8636878811)

Location: [Joe K. Blanton Campus, 1015 Sikes Blvd. Lakeland, FL 33815](#)

Hours of Operation: M-F, 8:30 AM-4:30 PM. Office **closed** on Saturday and Sunday

Childcare

[Early Learning Coalition of Polk](#)

The Early Learning Coalition of Polk County is a non-profit agency focused on early education and care. The Coalition's School Readiness Program provides economically disadvantaged and at-risk children access to high quality early education. The Voluntary PreKindergarten Program (VPK) helps early learners build a strong foundation for kindergarten and beyond.

Services Offered: Eligibility & Enrollment, Parent & Family Resources, and Provider Support & Reimbursement.

[\(863\) 577-2450](tel:8635772450)

Location: [115 S. Missouri Avenue, 2nd Floor, Suite 201](#)

Hours of Operation: M-F, 8:00 am – 5:00 pm (Closed on Holidays).

[Head Start](#)

Head Start is a federally funded program that promotes school readiness for children under the age of 5 from low-income families through education, health, social and other services.

[\(863\) 648-3051](#)

Hours of Operation: School hours vary.

[Lighthouse Ministries](#)

Preschool program designed for children for the young children of resident moms as well as parents outside of resident Life Learning Program. Also offered: also offer a kid care after school program for older children: homework, tutoring, and tech skills within our Hobbs Foundation Kids Technical Center, as well as counseling, peer interaction, games and crafts.

[\(863\) 687-4076](#)

Community Preschool Virginia Smith: vsmith@lighthousemin.org

Adult Learning Center Scott Turbeville: saturbeville@lighthousemin.org

Location: [215 E Magnolia Street Lakeland, FL 33801](#)

Hours of Operation: M-F, 8:00 AM-4:00 PM. Office **closed** on Saturday and Sunday

Counseling & Mental Health

[Suicide & Crisis Hotline](#)

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

[988](#)

[Bethany Center \(Good Shepherd\)](#)

For every condition, age and population, Bethany Center offers coordinated, comprehensive care including palliative medicine, hospice care, and grief services.

[\(863\) 682-0027](#)

Location: [3470 Lakeland Hills Boulevard Lakeland, FL 33805](#)

Hours of Operation: Care is provided 24 hours. Office hours include M-F, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday

[Catholic Charities-Lakeland](#)

Behavioral Health Services offers a variety of programs, including counseling , coordination of care and community education that seek to increase mental health awareness and decrease stigma in the community. Dedicated to helping clients get connected to services that support mental well-being and overall mental health.

[\(863\) 686-7153](#)

Location: [210 W Lemon St Lakeland, FL 33815](#)

Hours of Operation: M-F 9:00am-5:00pm. Evening hours may be available on request.

[Children's Home Society](#)

This agency offers a variety of programs and services including adoption, counseling, Children's Advocacy Center, targeted case management, dependency case management, parents as partners support group, child protection team, and child welfare. Creating opportunities that bring brighter futures for children and families.

[\(863\) 413-3126](#)

Location: [1010 East Rose Street Lakeland, FL 33801](#)

Hours of Operation: M-F 9:00am-5:00pm. . Office **closed** on Saturday and Sunday.

[Lakeland Regional Health, Psychology](#)

- [Therapy](#)
- [Psychiatry](#)

The Harrell Family Center for Behavioral Wellness, an Inpatient Behavioral Health Hospital and Outpatient Behavioral Health Clinic, is designed as a place of healing and allows patients a space of comfort, meditation, encouragement, and hope.

[\(863\) 687-1222](#)

Location: [1324 Lakeland Hills Blvd, Lakeland, FL 33805](#)

Hours of Operation: M-TR 8:00am-6:00pm, F 8:00am-4:30pm. Office **closed** on Saturday and Sunday.

[National Alliance for the Mentally Ill](#)

The NAMI HelpLine is a free, nationwide peer-support service providing information, resource referrals and support to people living with a mental health condition, their family members and caregivers, mental health providers and the public.

[1 \(800\) 950-6264](#)

Text *HelpLine* to [62640](#).

Hours of Operation: M-F 10:00am-10:00pm. Office **closed** on Saturday and Sunday.

[Peace River Center Lakeland](#)

Provides a variety of mental health resources and services for those in need or crisis.

[\(863\) 519-0575](#)

Location: [2014 Lakeland Hills Blvd, Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-4:00pm. Office **closed** on Saturday and Sunday.

[Psychological Associates of Central Florida](#)

Provides comprehensive mental health treatment to children, adolescents, families, and adults.

[\(863\) 644-8470](#)

Location: [5424 Strickland Ave, Lakeland, FL 33812](#)

Hours of Operation: M-F 9:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Tri-County Human Services](#)

[\(863\) 709-9392](#)

Substance Use Emergency: [\(863\) 533-4139](#)

Tri-County Human Services, Inc. (TCHS) provides help and hope to all persons affected by behavioral health, substance use, and other life challenges.

Location: [5421 US Highway 98 S. Highland City, FL 33846](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

Crisis & Emergency Intervention

[Peace River Domestic Violence Services](#)

Victim Services Domestic Violence Center and Rape Recovery Program is a dual center providing free and confidential services to victims/survivors of Domestic Violence and Sexual Assault and is the only center in Polk, Highlands, and Hardee Counties certified by DCF and FCASV.

24-Hour Domestic Violence Hotline **Polk** County: [\(863\) 413-2700](#)

24-Hour Sexual Assault Helpline: [\(863\) 413-2707](#)

Domestic Violence Outreach Services: [\(863\) 413-2708](#)

Location: [1831 North Crystal Lake Drive, Lakeland, FL 33801](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Peace River Mental Health Crisis](#)

Offers a wide variety of mental health services, ranging from Adult Case Management (ACM) services to a recovery program service for people with mental illness.

Crisis Line: [\(863\) 519-3744](tel:(863)519-3744)

ACM Location: [230 South Lake Parker Avenue, Lakeland, FL 33801](#)

Club Success Location: [2014 Lakeland Hills Blvd, Lakeland, FL 33805](#)

Lakeland Crisis Campus Location (24/7): [715 North Lake Avenue, Lakeland, FL 33801](#)

Hours of Operation: Hours vary based on service needed.

[Peace River Rape Crisis Services](#)

Victim Services Domestic Violence Center and Rape Recovery Program is a dual center providing free and confidential services to victims/survivors of Domestic Violence and Sexual Assault and is the only center in Polk, Highlands, and Hardee Counties certified by DCF and FCASV.

24-Hour Sexual Assault Helpline: [\(863\) 413-2707](tel:(863)413-2707)

Toll-Free: [\(877\) 688-5077](tel:(877)688-5077)

Victim Services Office Line: [\(863\) 413-2708](tel:(863)413-2708)

Location: [1831 North Crystal Lake Drive, Lakeland, FL 33801](#)

Hours of Operation: Crisis Services are 24/7. Office hours, M-F 8:00 am-5:00 pm. . Office **closed** on Saturday and Sunday

[Tri-County Human Services](#)

Tri-County Human Services, Inc. (TCHS) provides help and hope to all persons affected by behavioral health, substance use, and other life challenges.

Substance Abuse Emergency: [\(863\) 533-4139](tel:(863)533-4139)

Location: [1815 N Crystal Lake Dr, Lakeland, FL 33801](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Veterans Crisis Line](#)

Free confidential support for veterans in crisis. You do not have to be enrolled in VA benefits or health care to call. The Veterans Crisis Line serves Veterans, service members, National Guard and Reserve members, and those who support them.

[Chat online](#)

[988](#) ext. 1

Text [838255](#)

Hours of Operation: 24/7, 365 days a year.

Dental Services

[Affordable Dentures & Implants](#)

Offers services for [dentures](#), [extractions](#), [implants](#), [dental services](#), and [denture services](#).

[\(863\) 329-2794](#)

Location: [3615 S. Florida Avenue Suite 1230, Lakeland, FL 33803](#)

Hours of Operation: M-F 8:00am-4:00pm. Office **closed** on Saturday and Sunday.

[Lakeland Volunteers in Medicine](#)

LVIM empowers the medically underserved of Polk County to live healthier lives by providing access to free, high-quality, comprehensive healthcare through a community of caring volunteers.

[\(863\) 688-5846](#)

Location: [600 W Peachtree Street, Lakeland, FL 33815](#)

Hours of Operation: M-TR 8:00 am-4:00 pm, F 8:00 am-12:00 pm. Office **closed** Saturday and Sunday.

*Based on provider availability.

[Polk County Health Department Dental Clinic](#)

Our clinics serve children and adults who do not have access to a private dentist. Provides exams, x-rays, cleanings, fluoride treatments, sealants, fillings, extractions, oral hygiene information.

[\(863\) 519-7910](tel:8635197910)

polkcommunications@flhealth.gov

Location: [3241 Lakeland Hills Blvd. Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

Disaster Relief

[American Red Cross](#)

Aids in providing disaster relief.

[\(863\) 294-5941](tel:8632945941)

Location: [147 Avenue A NW Winter Haven, FL 33881](#)

Hours of Operation: M-F 8:30am-4:30pm. Office **closed** on Saturday and Sunday.

[FEMA](#)

FEMA's mission is to help people before, during and after disasters.

[1 \(800\) 621-3362](tel:18006213362)

[Lakeland Emergency Management](#)

Offers information regarding hurricane preparedness and any other crises affecting the city of Lakeland. Includes information on boil water notices, power outages, and solid waste collection.

[\(863\) 834-8227](tel:8638348227)

Location: [701 E Main Street Lakeland, FL 33801](#)

[Special Needs Shelter Registration & Information](#)

The Florida Department of Health, in coordination with its county health departments and each local emergency management agency in the state, developed a registry for persons with special needs to register with their local emergency management agency to receive assistance during a disaster. The statewide registry provides first responders with valuable information to prepare for disasters or other emergencies.

[\(863\) 298-7000](#)

Register [Here](#)

Disability Services

[Achievement Academy, inc](#)

An accredited public Charter School serving children with special needs from birth through age five. We serve the children in our community through two programs: the Birth to Three early intervention program and our ESE Charter PreK. Both are offered at no charge to the children and their families.

[\(863\) 683-6504](#)

Location: [716 E. Bella Vista Street Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-3:30pm. Office **closed** on Saturday and Sunday.

[Alliance for Independence](#)

Offers individuals with disabilities the avenues to explore and experience personal growth and achievement through awareness, education, community resources and personal relationships.

[\(863\) 665-3846](#)

Location: [2710 W. Memorial Boulevard Lakeland, FL 33802](#)

Hours of Operation: M-F 8:00am-3:00pm. Office **closed** on Saturday and Sunday.

[Center for Independent Living](#)

Provides a wide range of skills needed to live independently and manage life with a disability. Assists people with disabilities to move out of nursing homes and other institutions into independent lifestyles of their choice; helping to prevent people with disabilities from entering institutions and assisting youth in transitioning from high school to adult life including next steps such as going to college or obtaining employment.

[\(863\) 413-2722](#)

Location: [2025 Crystal Wood Dr., 2nd floor Lakeland, FL 33801](#)

Hours of Operation: M-TR 8:00am-5:00pm. F 8:00am-2:00pm. Office **closed** on Saturday and Sunday.

[Central Florida Speech & Hearing](#)

Offers services in speech/language evaluation and therapy services, tests to determine degree of hearing loss, options for a variety of lifestyles and budgets, and additional services for individuals and businesses such as a free phone distribution program.

[\(863\) 686-3189](#)

Location: [3020 Lakeland Highlands Road, Lakeland, FL 33803](#)

Hours of Operation: M-TR 8:00am-6:00pm. F 8:00am-4:00pm. Office **closed** on Saturday and Sunday.

[Epilepsy Center and Monitoring Unit](#)

The Lakeland Epilepsy Center (LEC) is designed for adult patients with epilepsy or related seizure disorders and offers phase 1 pre-surgical workups. The LEC offers an Epilepsy Monitoring Unit (EMU) where physicians can monitor patients before, during and after a seizure to better understand the type of seizure activity and to find the optimal treatment.

[\(863\) 687-1100](#) ext.2283

Location: Lakeland Regional Hospital Medical Center.

[1324 Lakeland Hills Blvd Lakeland, FL 33805](#)

[Florida Div. of Blind Services](#)

The Florida Division of Blind Services helps blind and visually impaired individuals achieve their goals and live their lives with as much independence and self-direction as possible.

[\(863\) 499-2385](tel:(863)499-2385)

[Sunrise Community](#)

Offers customized services for people of all ages and abilities, ranging from minimal support and supervision to the most complex medical and behavioral supports.

[\(863\) 680-2817](tel:(863)680-2817)

Location: [807 N Lake Parker Ave Lakeland, FL 33801](#)

Employment Assistance

[Absolute Jobs](#)

Connects the right people to the right jobs.

[\(863\) 450-4212](tel:(863)450-4212)

Location: [714 N. Massachusetts Ave Lakeland FL 33801](#)

Hours of Operation: M-F 8:30am-5:30pm. Office **closed** on Saturday and Sunday.

[Career Source Polk](#)

Offers opportunity for career seekers, for youth, and for employers.

[\(863\) 508-1100](tel:(863)508-1100)

Location: [309 N. Ingraham Ave. Lakeland, FL 33801](#)

Hours of Operation: M-TR 7:30 am–4:00 pm. F 7:30 am–12:30 pm.

[EmployFlorida.com](#)

Full-service employment center to find and view job openings, create a post résumé, look for training, and much more.

***Online Platform**

[Goodwill Industries/Suncoast Inc](#)

Employment opportunities for Goodwill Industries-Suncoast.

***Online Applications**

[\(863\) 646-4301](#)

[Kelly Services](#)

Employment services to hire (businesses) or apply (job-seeking).

[\(863\) 688-4141](#)

[LKLD Employee Assistance Program \(EAP\)](#)

A product of risk management, Confidential support, information, and resources for all of life's challenges.

[\(866\) 606-6344](#)

[Vocational Rehabilitation- LKLD](#)

Meaningful employment for jobseekers.

[\(863\) 680-5534](#)

End of Life Services

[Chapters Health System](#)

Lakeland Hospice House

Main number: [\(863\) 583-3300](tel:(863)583-3300)

Email: hospicehousemanagers@chaptershealth.org

Location: [3450 Lakeland Hills Blvd Lakeland, FL 33805](#)

Hours of Operation: Open 24 hours a day. 365 days of the year.

[Comfort Keepers Home Care](#)

Home care agency with specialized caregivers to provide home care services for seniors as they age.

[\(863\) 385-9100](tel:(863)385-9100)

Location: [902 Florida Ave STE 201, Lakeland, Florida 33803](#)

Hours of Operation: Open 24 hours a day. 365 days of the year.

[Home Instead](#)

Offers services in Alzheimer's and Dementia Care, Arthritis Care, Diabetes Care, Respite Care, and 24 Hour and Live-In Home Care.

[\(863\) 336-6958](tel:(863)336-6958)

Location: [810 E Main St, Lakeland, FL 33801](#)

Hours of Operation: Open 24 hours a day. 365 days of the year.

[Lakeland Resource Center- Good Shepard Hospice Administrative Office](#)

Home office for Good Shepherd Hospice administrative and management team, overseeing care provided across all locations.

[\(863\) 682-0027](tel:(863)682-0027)

Location: [3470 Lakeland Hills Blvd, Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[VITAS Healthcare](#)

This VITAS hospice office serves as a "home base" for care teams, which includes physicians, nurses, home health aides, chaplains, and social workers. VITAS provides hospice care for patients who call home and on an inpatient basis as needed when symptoms cannot be managed at home.

[\(863\) 583-7100](#)

Location: [115 S Missouri Ave, Suite 350, Lakeland, FL 33815](#)

Hours of Operation: Open 24 hours a day. 365 days of the year.

Food & Medicine

[Blessings & Hope Food Pantry](#)

Food pantry for Polk County residents. Offering fresh and healthy food alternatives.

[\(863\) 698-7512](#)

Location: [2150 E. Edgewood Dr. Lakeland, FL 33803](#)

Hours of Operation: Distribution Schedule- Every Tuesday 11:00 am-1:00 pm

*All patrons must sign in at the parking lot located at 4730 Lakeland Highlands Rd. before going to the pantry location

[Catholic Charities-Lakeland](#)

St. Joseph Multi Ministry Service Center. Food pantry for Polk County residents: Lakeland Agape Mission Market.

[\(863\) 686-7153](#)

Location: [118 W Lemon St, Lakeland, FL 33815](#)

Hours of Operation: Distribution Schedule- Every Tuesday 9:00 am-11:00 am

[Dept. of Children & Families- Access Florida](#)

[DCF: \(WAGES, Food Stamps, Medicaid\)](#)

The office of Economic Self-Sufficiency helps promote strong and economically self-sufficient communities by determining eligibility for food, cash, and medical assistance for individuals and families in Florida.

[\(800\) 962-2873](#)

Services: [Food Assistance Programs](#), [Temporary Cash Assistance](#), [Medicaid](#)

[SNAP-Florida](#)

[DCF: \(WAGES, Food Stamps, Medicaid\)](#)

[H.O.P.E. Center](#)

Hope Counseling provides psychological assessments including personality tests, intelligence testing, achievement testing, ADHD testing and more in Lakeland, FL. These assessments may be used in an employment setting to determine an applicant's proclivity for a specific position, by educational institutions to aid in a child's future learning, by parents to help them support their child's development and by many other groups or organizations.

[\(863\) 709-8110](#)

contact@hopecounselingep.com

Location: [4404 South Florida Ave, Suite 3, Lakeland, FL 33813](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Lighthouse Ministries](#)

Application for HOPE Assistance.

[\(863\) 687-4076](#)

Location: [215 E Magnolia St, Lakeland, FL 33801](#)

Hours of Operation: M-F 8:00am-4:00pm. Office **closed** on Saturday and Sunday.

[Pediatrics and Family Medicine of Buena Vista](#)

Services Provided: Newborn and infant care, adolescent care, diagnosis and treatment for acute and chronic illness, camp, school and sports physicals, immunizations and screenings, preventative care, dental, vision, dermatology, cardiology, and other specialist referrals.

[\(863\) 337-4994](tel:(863)337-4994)

Location: [519 Buena Vista St. Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Salvation Army Shield Center-LKLD](#)

The Salvation Army provides a wide range of traditional social services and emergency assistance programs.

[\(863\) 648-0047](tel:(863)648-0047)

Location: [2620 Kathleen Rd, Lakeland, FL 33810](#)

Hours of Operation: Hours vary. **Closed** on Sunday.

[Shepherd Road Presbyterian Church](#)

Food pantry.

Location: [1217 Shepherd Road, Lakeland, FL, 33811](#)

Hours of Operation: Every Wednesday morning 9:30 am-11:30 am

[St. Vincent de Paul CARES - Polk County SSVF](#)

Offers programs for homeless persons, rapid rehousing, and permanent supportive housing.

[\(863\) 608-7078](tel:(863)608-7078)

Location: [1961 East Edgewood Dr, Suite 101. Lakeland, FL 33803.](#)

[Talbot House Ministries](#)

The good Samaritan free clinic offers free medical, dental, and mental health care to uninsured, low-income individuals in Polk County.

[\(863\) 687-8475](#)

Location: [814 North Kentucky Ave. Lakeland, FL 33801](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[WIC \(Women, Infants, and Children\)](#)

WIC is a federally funded nutrition program for Women, Infants, and Children. WIC provides the following at no cost: healthy foods, nutrition education and counseling, breastfeeding support, and referrals for health care and community services.

Financial Assistance

[Catholic Charities-Lakeland](#)

St. Joseph- Multi Ministry Service Center

The Family Stability Program provides homeless prevention and rapid rehousing services to men, women and families who are either experiencing homelessness or are at risk of being homeless. Financial assistance is provided to those in need who meet the eligibility criteria for various funding sources.

[\(863\) 686-7153](#)

Location: [210 W Lemon St. Lakeland, FL 33815](#)

Hours of Operation: M-TR 8:00am-4:00pm, F 8:00 am-3:00 pm. Office **closed** on Saturday and Sunday.

[St. Vincent de Paul CARES - Polk County SSVF](#)

Offers programs for homeless persons, rapid rehousing, and permanent supportive housing.

[\(863\) 608-7078](#)

Location: [1961 East Edgewood Dr, Suite 101. Lakeland, FL 33803.](#)

TANF

Temporary Cash Assistance, the TCA program provides cash assistance to families with children under the age of 18 or under age 19 if full time secondary (high school) school students, that meet the technical, income, and asset requirements. The program helps families become self-supporting while allowing children to remain in their own homes.

[\(850\) 487-1111](tel:(850)487-1111)

Healthcare

Lakeland Volunteers in Medicine

LVIM allows patients to gain a medical home and have access to doctors' visits, diagnostic testing, lab tests, ultrasound scans, and x-rays at no charge. More extensive diagnostics, such as CTs and MRIs, are also available through a network of participating ancillary providers who volunteer their facilities, staff, and professional time also at no charge to LVIM or the patients. Additionally, LVIM operates a full-service pharmacy, funded by United Way of Central Florida, filling approximately 30,000 prescriptions a year.

[\(863\) 688-5846](tel:(863)688-5846)

Location: [600 W Peachtree St, Lakeland, FL 33815](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

Lakeland Pediatrics

Offers Children's dental care, pediatric medical care, and optometry.

[\(863\) 234-8534](tel:(863)234-8534)

Location: [601 South Florida Ave, Lakeland, FL 33801](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Lakeland Primary Care](#)

Offers services in adult primary care, HIV and HEP C services, OBGYN services, pharmacy, and behavioral health.

[\(866\) 234-8534](#)

Location: [1129 N Missouri Ave, Lakeland, FL 33805](#)

Hours of Operation: M-F 7:30am-12:30pm & 1:30pm -5:00 pm. Saturday 8:00 am-12:30 pm & 1:30pm - 5:00 pm. Office **closed** on Sunday.

[Peace River Wellness Clinic](#)

The Peace River Center Wellness Clinic promotes the health of patients by providing high-quality personalized, evidence-based health care. The Wellness Clinic is open to individuals 18 and up, including those with and without behavioral health diagnosis.

[\(863\) 519-0930](#)

Location: [1831 Gilmore Avenue, Lakeland, FL 33805](#)

Hours of Operation: M-F 8:00am-5:00pm. Office **closed** on Saturday and Sunday.

[Polk County Health Department Clinic](#)

Offers services in adult health, HIV/AIDs, travel immunizations, immunizations, prenatal/pregnancy care, family planning services, dental services, and STD wellness programs.

[\(863\) 519-7910](#)

Location: [3241 Lakeland Hills Blvd, Lakeland, FL 33805](#)

HIV & AIDs

[Polk County Health Department](#)

Offers services in adult health, HIV/AIDs, travel immunizations, immunizations, prenatal/pregnancy care, family planning services, dental services, and STD wellness programs.

[\(863\) 519-7910](#)

Location: [3241 Lakeland Hills Blvd, Lakeland, FL 33805](#)

Homeless & Transitional Resources

[Catholic Charities-Lakeland](#)

Catholic Charities of Central Florida provides housing for individuals who might otherwise be unable to afford it—including the elderly. This is done through affordable housing properties for individuals, families, and seniors that are managed by Resurrection Property Management.

***Housing options available outside of the city only.**

[\(863\) 686-7153](#)

[Homeless Coalition of Polk County](#)

Offers resources for veterans in need of assistance, individuals experiencing homelessness, those in physical danger or fleeing domestic violence, and those facing eviction.

***Administrative support organization, unable to provide direct services or assistance**

[Eviction Assessment](#)

Homelessness: [\(863\) 687-8386](#)

Veterans: [\(863\) OUR-VET6](#) ext 1006

[Lakeland Homeless Shelter Listings](#)

Shelter Listings is dedicated to serving the homeless and low-income. They have listed out the shelters and low-cost housing services in Lakeland, FL below. This list has homeless shelters, halfway houses, affordable housing, etc. The database consists of over 3,000 listings and includes emergency shelters, homeless shelters, day shelters, transitional housing, shared housing, residential drug alcohol rehabilitation programs and permanent affordable housing.

[Lighthouse Ministries](#)

Offers shelter for at-risk men, a life learning program for residential men and women, and homeless intervention.

[\(863\) 687-4076](#)

Life Learning Program- Residential Men & Women: Men [here](#), women [here](#)

Community Homeless Intervention Application [here](#)

Location: [215 E Magnolia St, Lakeland, FL 33801](#)

[New Life Outreach Ministry](#)

Provide shelter for men, whilst also providing programs for men to find jobs, food, counseling, and classes. They connect men with resources that assist with resumes and other skills needed to get a job.

[\(863\) 510-5696](#)

Location: [1221 Omohundro Ave. Lakeland, FL 33805](#)

[St. Vincent de Paul CARES - Polk County SSVF](#)

SVdP CARES provides assistance in a 16-county service area, ending homelessness for individuals, families, and US Veterans who have low, extremely low, or no income. Offers [Veteran](#) and [non-Veteran](#) housing and support services for individuals and families experiencing homelessness in Polk County.

[\(863\) 608-7078](#)

Location: [1961 East Edgewood Dr, Suite 101, Lakeland, FL 33803](#)

[Talbot House Ministries Residential Programs](#)

The Renewal program serves men and women who have chronic issues with homelessness, including substance abuse and mental health issues, the program is designed to provide enrolled clients with assistance with birth certificates, driver's license reinstatement, educational advancement, spiritual growth opportunities, as well as employment training, placement, and financial education through our Solutions program.

[\(863\) 687-8475](#)

Hours of Operation: Monday-Friday, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday.

Location: [814 North Kentucky Ave, Lakeland, FL 33801](#)

Housing

[New Life Outreach Ministry](#)

Provide shelter for men, whilst also providing programs for men to find jobs, food, counseling, and classes. They connect men with resources that assist with resumes and other skills needed to get a job.

[\(863\) 510-5696](#)

Location: [1221 Omohundro Ave. Lakeland, FL 33805](#)

[St. Vincent de Paul CARES - Polk County SSVF](#)

SVdP CARES provides assistance in a 16-county service area, ending homelessness for individuals, families, and US Veterans who have low, extremely low, or no income. Offers [Veteran](#) and [non-Veteran](#) housing and support services for individuals and families experiencing homelessness in Polk County.

Location: [1961 East Edgewood Dr, Suite 101, Lakeland, FL 33803](#)

[Talbot House Ministries Affordable Housing](#)

Off-site rapid rehousing assistance, funded by the U.S. Department of Housing and Urban Development, is available by referral from the Homeless Coalition of Polk County.

Location: [814 North Kentucky Ave, Lakeland, FL 33801](#)

Hours of Operation: Monday-Friday, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday.

[Tri County-Transitional Living Facility](#)

Offers transitional living units for women and their children. The focus of this facility is on reunifying mothers and children and providing case management services, so that newly reunified mothers have the support of someone who can help them navigate the trials of reunification and reentering the community. The average stay for most individuals is approximately 6 months.

[\(863\) 937-8238](#)

Location: [1815 N Crystal Lake Dr, Lakeland, FL 33801](#)

Law Enforcement

The Lakeland Police Department is composed of the Administrative Bureau (Chief's office), the Neighborhood Services Bureau (NSB), the Investigative Services Bureau (ISB) and the Special Services Bureau (SSB).

[Crime Prevention/Neighborhood Watch](#)

[Domestic Abuse Response Team](#)

[Drug Hotline](#)

[Elderly Services](#)

[Investigative Services Bureau](#)

[Neighborhood Services Bureau](#)

[School Resource Unit](#)

[Special Services Bureau](#)

[Traffic Unit](#)

[Victim Assistance](#)

Prescription Assistance

[FamilyWize](#)

FamilyWize is a trusted provider of prescription discounts, drug coupons and a prescription discount card. The prescription discounts are pre-activated, ready-to-use and free.

[NeedyMeds](#)

Provides assistance for the cost of medicine and affordable healthcare for individuals in need.

[Nurx](#)

Offers hundreds of prescriptions and over-the-counter treatment options to address a broad range of sexual, reproductive, skincare, and mental health concerns, plus more.

[Prescription Assistance Program](#)

A program for residents of the United States who do not have health care insurance or Medicaid to cover outpatient medications and have income levels that result in economic hardship when buying retail prescription drugs.

Senior Services

[AARP Senior Employment Services](#)

AARP is a nonpartisan 501 (c) (4) nonprofit that advocates for older Americans on a number of federal health and fiscal issues such as Medicare and Social Security, and at the state and local level for better community healthcare services and lower utility rates.

[\(863\) 499-1290](#)

[Bethany Center \(Good Shepard\)](#)

Offers services in palliative medicine, grief services, hospice care, and emotional and spiritual care.

[\(863\) 682-0027](#)

Location: [3470 Lakeland Hills Boulevard Lakeland, FL 33805](#)

Hours of Operation: Care is provided 24 hours. Office hours include M-F, 8:00 AM-5:00 PM. Office **closed** on Saturday and Sunday.

[Dedicated Senior Medical Center](#)

Offers senior services for acupuncture, podiatry, medication services, labs and testing, x-rays, door-to-door transportation, and exercise, educational, and social events.

[\(863\) 209-7004](#)

Location: [4715 S. Florida Avenue, Suite 200, Lakeland, FL 33813](#)

Hours of Operation: Office hours include M-F, 7:30 AM-5:00 PM. Office **closed** on Saturday and Sunday.

[Catholic Charities-Lakeland](#)

Senior Wellness Services offers health and wellness education and activities, exercise, daily nutrition, and socialization for adults who are 55 years of age and older to help them stay engaged, avoid isolation, and live independently. Participants of Senior Wellness Services are also connected to other services like behavioral healthcare, emergency financial assistance and more through Catholic Charities of Central Florida and community partners.

***Remote and Virtual**

[\(863\) 687-2988](#)

[\(863\) 686-7153](#)

Location: [210 W Lemon St. Lakeland, FL 33815](#)

Hours of Operation: Office hours include M-F, 9:00 AM-1:00 PM. Office **closed** on Saturday and Sunday.

[Integrity Guardianship & Senior Services](#)

Integrity Guardianship and Senior Services offers a variety of services to clients including fiduciary services, care management, and guardianship.

[\(863\) 576-7374](#)

Location: [304 East Pine St, Suite 102, Lakeland FL 33801](#)

Hours of Operation: Vary based on need.

[Senior TEK](#)

Aids seniors with technology including safety, security, control & convenience, and communications.

[\(863\) 279-7770](#)

Info@Senior-tek.com

[Volunteers in Service to the Elderly](#)

VISTE provides the elderly with resources that help our greatest generation remain safe and independent in their own homes. Transportation, monthly commodity boxes, hot meals, and wheelchair ramps are just a few of the programs carried out by VISTE volunteers.

[\(863\) 284-0828](#)

- [Transportation](#)
- [Groceries](#)
- [Hot Meals](#)
- [Personal Care](#)

Location: [1232 E. Magnolia, Lakeland, FL 33801](#)

Transportation

[Citrusconnection](#)

Public transit in Polk County is provided by the Lakeland Area Mass Transit District, operating as Citrus Connection, which includes all public transportation within the county, including Winter Haven Area Transit, rural routes servicing Bartow, Ft. Meade and Frostproof, as well as all paratransit service.

[Lakeland Station](#)

Offers Silver Service of Amtrak. Tickets found [here](#)

Location: [600 East Main St, Lakeland, FL 33801](#)

Hours of Operation: Sunday-Saturday 10:10 AM- 6:15 PM.

Veteran & Military Services

[Polk County Veterans Services](#)

Connects Polk County veterans to necessary resources.

[Lakeland Veteran Center](#)

Offers confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for needs such as depression, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).

[\(863\) 284-0841](#)

Location: [1370 Ariana St, Lakeland, FL 33803](#)

Hours of Operation: Office hours include M-F, 8:00 AM-4:30 PM. Office **closed** on Saturday and Sunday.

[Lakeland Veteran Clinic](#)

Offers primary care services for veterans in Polk County. Ancillary services include Nursing, Dietetics, Laboratory, Audiology, Radiology, Social Work and Psychology.

Main phone: [863-701-2470](#)

VA health connect: [877-741-3400](#)

Mental health care: [863-701-2470press4](#)

Lakeland VC Location: [4237 South Pipkin Road, Lakeland, FL 33811](#)

Hours of Operation: Clinical hours include M-F, 6:30 AM-4:30 PM and Saturday 7:30 AM-12:00 PM. Office **closed** on Sunday.

[St. Vincent de Paul CARES - Polk County SSVF](#)

Funded by the US Department of Veteran Affairs to provide services for Veterans throughout Florida and offers services to veterans and services to at-risk veterans.

[\(863\) 608-7078](#)

United Way

For more information and specific recommendations, contact [United Way](#)

[211](#) or [\(888\) 370-7188](#)

211: Offers confidential help from caring experts, including- housing expenses, paying bills, finding food, utility expenses, mental health, and healthcare expenses.
