

# Resources

## FOOD & MONETARY ASSISTANCE

**AFDC** | 863.680.5508

**WIC** | 863.499.2413

**Food Stamps** | 863.680.5501

## LEGAL HELP

**Injunction for Protection** | 863.534.4180

Located in the Bartow Court House, 1st floor, Domestic Relations. 255 N Broadway Avenue, Bartow, FL 33830. Open 8am – 5pm. [www.polkcourtclerk.net](http://www.polkcourtclerk.net)

**Legal Aid** | 863.519.5663

For those who qualify, must call for intake.

**Immigration Issues** | 863.534.3530

Contact Congressman Adam Putnam's office in Bartow.

## LOCAL POLICE DEPARTMENTS

**Lakeland Police Department** | 863.834.8927

Assisting domestic violence victims with resources, court assistance, education and support. Assigned trained victim advocates on call 24 hours a day. [www.lakelandgov.net/lpd](http://www.lakelandgov.net/lpd)

**Bartow Police Department** | 863.534.5040

Victim assistance advocates assist domestic violence victims with referrals, support & court assistance. [www.bartowpd.org](http://www.bartowpd.org)

**Bartow Court – Adapt** | 863.534.4698

This program holds a seminar for survivors of domestic violence. Registration fee required.

**Polk County Sheriff's Department** | 863.298.6200

Offers support and victims compensation to those who qualify. Trained victim advocates are on call 24 hours a day. [www.polksheriff.org](http://www.polksheriff.org)

**Winter Haven Police Department** | 863.291.5858

Victim assistance program provides assistance to victims by providing support, referrals, court assistance & victim compensation for those who qualify. <http://whpd.mywinterhaven.com>

**Lake Wales Police Department** | 863.678.4223

Offers support and assistance through their Voice Program. <http://lwpd.cityoflakewales.com>

TEAR OFF & TAKE WITH YOU

# Myths, Facts & Statistics

**MYTH ONE:** Domestic violence does not affect many people.

**FACT:** A woman is beaten every 15 seconds.  
*(Bureau of Justice Statistics, Report to the Nation on Crime and Justice. The Data. Washington DC Office of Justice Program, US Dept. of Justice. Oct 1983)*

Domestic violence is the leading cause of injury to women between ages 15 and 44 in the United States – more than car accidents, muggings, and rapes combined.  
*(Uniform Crime Reports, Federal Bureau of Investigation, 1991)*

Battered women are more likely to suffer miscarriages and to give birth to babies with low birth weights.  
*(Surgeon General, United States, 1992)*

63% of the young men between the ages of 11 and 20 who are serving time for homicide have killed their mother's abuser. *(March of Dimes, 1992)*

**MYTH TWO:** Battering is only a momentary loss of temper.

**FACT:** Battering is the establishment of control & fear in a relationship through violence and other forms of abuse. The batterer uses acts of violence and a series of behaviors, including intimidation, threats, psychological abuse, isolation, etc. to coerce & to control the other person. The violence may not happen often, but it remains as a hidden (and constant) terrorizing factor. *(Uniform Crime Reports, Federal Bureau of Investigation, 1990)*

"One in five women victimized by their spouses or ex-spouses report they had been victimized over and over again by the same person." *(The Basics of Batterer Treatment, Common Purpose, Inc., Jamaica Plain, MA)*

**MYTH THREE:** Domestic violence only occurs in poor, urban areas.

**FACT:** Women of all cultures, races, occupations, income levels, and ages are battered – by husbands, boyfriends, lovers and partners. *(Surgeon General Antonia Novello, as quoted in Domestic Violence: Battered Women, publication of the Reference Department of the Cambridge Public Library, Cambridge, MA)*

"Approximately one-third of the men counseled (for battering) at Emerge are professional men who are well respected in their jobs and their communities. These have included doctors, psychologists, lawyers, ministers, and business executives. *(For Shelter and Beyond, Massachusetts Coalition of Battered Women Service Groups, Boston, MA 1990)*

**MYTH FOUR:** Domestic violence is just a push, slap or punch – it does not produce serious injuries.

**FACT:** Battered women are often severely injured – 22% to 35% of women who visit medical emergency rooms are there for injuries related to ongoing partner abuse. *(David Adams, "Identifying the Assaultive Husband in Court: You be the Judge." Boston Bar Journal, 33-4, July/August 1989)*

One in four pregnant women have a history of partner violence. *(Journal of the American Medical Association, 1992)*



## REMEMBERING *Radiah*

Radiah Craft-Enzor was a loving mother of 4 children. Her oldest son is a remarkable young man. She taught him well and he is a mirror of her ability and resilience. She has a beautiful daughter and twin boys that only knew her for 2 years before she was taken from them.

Besides her home and church life, Radiah was part of the Citrus Connection family. She worked with the public transit system in Lakeland, Florida for almost 10 years. Her co-workers and bus riders enjoyed their time with her. She was pleasant, always had a smile and being around her was a delight.

On January 2, 2011, she lost her life as a result of domestic violence. Her life ended that terrible day but her spirit lives on with all who knew her. We hope you now know our Radiah just a little and will do all you can to see that domestic violence doesn't steal another blessing from us.

The Citrus Connection has taken Domestic Violence Abuse as its signature community outreach. The Citrus Connection family and friends are lending their time, talents and efforts to help educate and provide information to the community about Domestic Violence in the hopes we can help stop the madness.



**DART**  
Domestic Abuse Response Team



# Start Living Now.

STOP DOMESTIC VIOLENCE



# Domestic Violence

Have you or someone you know ever experienced the following by a boyfriend, husband or intimate partner?

- Name-Calling Or Put-Downs
- Isolation From Family Or Friends
- Withholding Of Money
- Actual Or Threatened Physical Harm
- Sexual Assault

These are examples of domestic violence, which includes partner violence, family violence, spouse abuse, child abuse, battering, and wife beating.

This violence takes many forms, and can happen once in a while or all the time. Although each situation is different, there are common warning signs – “red flag” behaviors – to look out for, including those behaviors listed above. Knowing these signs is an important step in preventing and stopping domestic violence.

## SUGGESTIONS FOR *Helping*

The majority of domestic violence is perpetrated against women. It is important to emphasize, however, that violence occurs to others as well, and is equally unacceptable.

Do you know someone in an abusive relationship? Do you suspect that a friend, relative, or someone you know is being abused?

If so, don't be afraid to offer help – you just might save someone's life. Here are some basic steps you can take to assist someone who may be a target of domestic violence:

- ☉ Approach her in an understanding, non-blaming way. Tell her that she is not alone, that there are many women like her in the same kind of situation, and that it takes strength to survive and trust someone enough to talk about battering.

- ☉ Acknowledge that it is scary and difficult to talk about domestic violence. Tell her she doesn't deserve to be threatened, hit or beaten. Nothing she can do or say makes the abuser's violence OK.

- ☉ Share information. Show her the Warning List, Discuss the dynamics of violence and how abuse is based on power and control.
- ☉ Support her as a friend. Be a good listener. Encourage her to express her hurt and anger. Allow her to make her own decisions, even if it means she isn't ready to leave the abusive relationship.
- ☉ Ask if she has suffered physical harm. Go with her to the hospital to check for injuries. Help her report the assault to the police, if she chooses to do so.
- ☉ Provide information on help available to battered women and their children, including social services, emergency shelter, counseling services, and legal advice. Tell her about the agencies available to help in this area. They are listed in this brochure.
- ☉ Inform her about legal protection that is available in most states under abuse prevention laws. Go with her to district, probate, or superior court to get a protective order to prevent further harassment by the abuser. If you can't go, find someone who can.
- ☉ Plan safe strategies for leaving an abusive relationship. These are often called “safety plans.” Never encourage someone to follow a safety plan that she believes will put her at further risk. And remember that she may not feel comfortable taking these materials with her.



*Start Living Your Life Now.*  
STOP DOMESTIC VIOLENCE.

## Resources

### ASSISTANCE

**DART – Domestic Abuse Response Team | 863.834.8927**  
Assisting domestic violence victims with resources, court assistance, education and support. Assigned trained victim advocates on call 24 hours a day. [www.lakelandgov.net/lpd](http://www.lakelandgov.net/lpd)

**Cell Phone Program | 863.834.8927**  
Provided by the DART Unit, domestic violence victims will be provided a cell phone for up to 30 days. Victim must have an injunction order for their protection. Cell phone is for 911 emergency purposes only. [www.lakelandgov.net/lpd](http://www.lakelandgov.net/lpd)

**Peace River Certified Shelter | 863.413.2700**  
Phone lines open 24 hours a day, providing victims shelter, support and counseling for children. Must call for intake interview. [www.peace-river.com](http://www.peace-river.com)

**Domestic Violence Hotline | 1-800-500-1119**  
Statewide hotline. English/Spanish/Creole  
24 hours a day / 7 days a week

**Rape Crisis Line | 863.413.2707**

**Catholic Charities Central Florida | 863.686.7153**  
Licensed Mental Health Counseling, Agape food bank, pregnancy casework, Lake Morton Senior Center emergency family services. [www.cflcc.org](http://www.cflcc.org)

### FAMILY UNIT ASSISTANCE

**Youth & Family Alternatives | 863.499.2430**  
Program offers counseling to children/adolescents, ages 10-7, who have witnessed domestic violence in their homes, as well as other mental health services. They also offer family counseling. [www.yfainc.org](http://www.yfainc.org)

**Families Without Violence | 863.534.4595**  
A program designed for families with adolescents, where violence has occurred. This program addresses the problems of enduring family lifestyles where members of the family engage in physical and/or psychological violence towards each other. Cost: \$35

**Peace River Services For Entire Families**  
863.413.2708

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