

Simpson Park Community Center



1725 Martin Luther King Ave.
(863) 834-2577

Hours of Operation:

Monday – Friday
Noon – 9:00 pm
Saturday
8:00 am – 6:00 pm
Sunday
11:00 am – 5:00 pm

This gorgeous recreation facility features two multipurpose rooms, game room, kitchen, separate men's and women's weight rooms, study hall facility, computer center and a spacious gymnasium which houses two full-size basketball courts. It is equipped with great outdoor facilities as well, such as one tennis court, two basketball courts, playground and a newly renovated softball field. This indoor/outdoor facility allows the Parks and Recreation Department the opportunity to provide comprehensive recreation programming to suit the varied needs and interests of the North Lakeland Community. Instructional classes, sports leagues, recreational play, fitness and special event programming ensure constant activities.

Registration: Parks and Recreation scan cards are required for all activities and classes. Due to limited enrollment, pre-registration and pre-payment is recommended and sometimes required for classes.

Volunteers We are always looking for volunteers to assist us with special activities, events, tournaments, etc. Come by and fill out a form so we can include you in our database.

Men & Women Conditioning/ Fitness Rooms

Men: Top quality Pro Maxima weight machines including leg extensions, leg sled, cable-crossover, biceps, chest press, free weight station and more.

Women: Top quality weight machines, various leg machines, squat rack, roman chair, outer thigh machine and more. Designated play area for toddlers and infants.

- Ages 18 and up
- \$3.00 per person
- \$40.00 (20 visit pass)

Basketball

Times of open play vary each week. Please check the posted onsite facility schedule to plan your activity. An Activity Card and Fee is required to play.

- \$3.00 per person
- \$40.00 (20 visit pass)

All children 17 and under are free to play basketball Monday - Friday, 2:30 pm - 5:00 pm during the school calendar year only.

Game Room

Come enjoy our large game room which includes: 2 pool tables, 1 bumper-pool table, 2 foosball tables, 2 table tennis tables, or watch television to pass time by with the other participants.

- All ages
- No Charge



Hobbies

Arts/Crafts for Children

- **Thursdays**
- 3:00 pm – 4:30 pm
- Free
- Janice Williams

Basic Sewing

Program provides enjoyment and the opportunity to learn the fundamentals of sewing.

- **Wednesdays**
- 5:00 pm – 6:30 pm
- Multipurpose Room A
- Free
- Janice Williams

Brain Teasers

Children are invited to use their brain power while working on crossword puzzles, word search, jumble, Sudoku and more.

- **Tuesdays**
- 4:00 pm
- Multipurpose Room
- Free
- Bill Muscatello

Cup Cooking/Baking

This program is designed to teach the basics of cooking, kitchen etiquette and cleanliness.

- **Thursdays**
- 5:30 pm – 6:30 pm
- Multipurpose Room B
- Free
- Barbara Smith/Valencia Sanders

Kids Movie Day

Parents are encouraged to bring their kids out on movie day to view movies that will be rated PG-13 and under.

- **1st and 3rd Sunday**
- 2:00 pm – 3:00 pm
- Free
- Barbara Smith

Employability Skills Workshop

These workshops will give the youth valuable advice on the proper way to fill out an application for employment and helpful hints on what types of clothing to wear to an interview. The workshop will also include resume formatting.

- **Tuesday**
- 4:00 – 5:30 pm
- Free
- Valencia Sanders

Arts & Crafts for Kids

Come join us with your creativity and enjoy new, exciting art ideas.

- **Mondays and Wednesdays**
- Classes will meet according to Polk County School Track
- 3:00 pm – 5:00 pm
- Multipurpose Room A
- Free
- Robert Birt



Dodgeball

A fun filled activity for kids of all ages to enjoy.

- **Wednesdays**
- 4:00 pm – 5:00 pm
- Gymnasium
- Free
- Aleisha Shaw

Youth Help Group

This group meeting is geared towards kids that have faced crisis at an early age. Youth will be able to come out and meet other youth that have faced similar problems. Meetings will consist of round table discussions, games, field trips, and other activities to help cope with problems they are having.

- **Mondays**
- 4:30 pm – 5:30 pm
- Ages 18 and under
- Free
- Marquis Roberts

Read to Achieve

Area business leaders and parents are invited to read to the children while expressing the importance of reading.

- **Tuesdays**
- 3:45 pm – 4:45 pm
- Free
- Dadrian Grier



Dance

Crystal's World of Dance is proud to collaborate with the City of Lakeland at Simpson Park Community Center. We are a

professional dance school that specializes in Ballet, Tap, Jazz and African Dance. Students will learn the elements of dance and develop control of mind, body, and spirit. Students will become familiar with appropriate dance terminology.

Super Tots: Ages 2-5

Beginning Tap/Jazz Combo: Ages 4-6

Level 1: Ages 6-9

Teen Jazz: Ages 11 and Up

Company: Audition Only

MONDAYS

- Super Tots/Jazz 1: 5:45 pm – 6:30 pm
- Jazz 1/Jr Pro Jazz: 6:30 pm – 7:15 pm
- Hip Hop 1&2/Jr. Pro Hip Hop: 7:15 pm – 8:00 pm

TUESDAYS

- African Dance 1: 5:45 pm – 6:30 pm
- African Dance 2: 6:30 pm – 7:15 pm
- Teen Hip Hop: 7:15 pm – 8:00 pm

SATURDAYS

- Beg. Ballet / Jr. Company Tap: 9:00 am - 10:00 am
- Tumble/ Jr. Company Ballet: 10:00 am - 11:00 am
- Jr. Pro Tap / Jr. Company Ballet: 11:00 am - 12:00 pm
- Jr. Company Jazz / Company Ballet: 12:00 pm - 1:00 pm
- Company Jazz: 1:00 pm - 2:00 pm
- Company Tap / Tumble 2: 2:00-3:00PM
- **All Classes \$26.50 per month**
- ***Super Tots/Tumble \$32.50 per month**

Annual Dance Recital – Performers will be required to purchase their dance costumes, price list will be available 8 weeks prior to the annual dance recital.

Crystal Brown, Artistic Director, has performed in such productions as: "Dancing on Angels Wings", "Heart Songs", "Reflections 2000", and "Star Gazin."

For More Information call Crystal at (863) 409-9952.

Clubs (Sports/Social)

Table Tennis Club

The Lakeland Table Tennis Association welcomes you to play competitive table tennis. <http://www.eteamz.com/LakelandTableTennis> Round Robin Tournament every Sunday.

- **Wednesdays**
- 6:00 pm – 8:30 pm
- **Thursdays** (Seniors)
- 10:00 am – 1:00 pm
- **Sundays**
- 12:00 pm – 4:00 pm
- \$2.50 per person
- Contact Ray Spann - (863) 965-0760
RaySpann@email.midflorida.com

Lakeland Table Tennis Association Tournaments

- Florida Orange Blossom Table Tennis Series - Fall Classic 2009
- Florida Cup Team Championship 2009
- **August 14 and 15, 2009**
- **September 26, 2009**
- **October 23 - 25 , 2009**

Football Speed and Agility Workout

This program is a speed workout clinic for children that would like to improve their football skills. Children are asked to bring their football cleats.

- **1st and 3rd Mondays of the month**
- 4:00 pm – 5:30 pm
- Free
- Dadrian Grier

Hot Shot

Work on free throws and three point shooting. Children will compete against each other in an organized competition.

- **Thursdays**
- 4:00 pm – 5:30 pm
- Free
- Steve Chancey

7 on 7 Flag Football League for Kids

- **2nd and 4th Thursdays of the month**
- 4:00 pm – 5:30 pm
- Free
- Bill Muscatello

Judo (Ages 5 & up)

Judo is many things to different people. It is a fun sport, an art, a discipline, a recreational or social activity, a fitness program a means of self defense or combat, and a way of life. We offer a structured teaching environment that allows students to develop their Judo skills in a friendly and safe Dojo(school). Whether you're looking for a way to keep physically active or compete in Judo, Lakeland Judo Academy will help you achieve your goals. Both beginners and advanced welcome.

- **Wednesdays and Fridays**
- 6:00 pm - 8:30 pm
- \$33.00 per month
- Philip Beytell



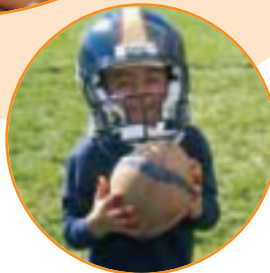
Modeling

An influential class on professionalism, creativity, dependability, and a culturally viable approach to the "Art of Walking" and fashion show presentation. Ages 8-18.

- **Tuesdays**
- 6:00 pm – 7:30 pm
- **2nd & 4th Sunday**
- 2:00 pm – 4:00 pm
- \$3.50 per day
- \$20.00 monthly
- Angela and LaWanda Bailey

Youth Basketball

- **Registration begins September 1 , 2009**
- Ages 5 - 15
- Boys and girls
- \$40.00 per person
- Season begins in December
- Marquis Roberts / Staff 834-2577



Police Athletic League (PAL)

PAL Office (863) 834-2556

- **Registration:**
Simpson Park Community Center
- **Monday – Thursday**
9:00 am – 5:00 pm
- **Fridays**
9:00 am – 12:00 pm

After School Program

This program is geared for youth in the 1st grade through high school. The program offers pick-up from selected schools, assistance with homework, arts and crafts and provision of daily snacks.

- **Monday – Thursday**
After school until 5:00 pm

PAL Baseball (AAU)

- **Date: TBA (Please Call)**
- Divisions: TBA (Please Call)

PAL Track & Field

- **March – May**
- Boys and Girls
- Ages 7-14

Football & Cheerleading

- **February – June (Registration)**
- Boys and Girls
- Ages 4 - 14

For more information, contact Officer Greg Hardee at (863) 834-2556.