Biking in Lakeland

Trail Tips
1. Keep to the right.
2. Pass other users only when safe.
3. Use your bell or voice to warn others when you pass.
4. Shoulder-check to see if the way is clear.
5. Pull off the pathway when stopped.

Legend
Routes
Lake-to-Lake
Other
Use Caution
Trails
Coming Soon
Schools
University
Library
Bus Stop
Park & Ride
Restroom
Public Parks & Rec
Swan City Cycle Share Program
Bike Maintenance Stations

Protect Your Noggin! ALWAYS wear your Helmet.

DISCLAIMER: The City of Lakeland disclaims any and all responsibility for the safety of the facilities indicated on this map for use by cyclists. It is assumed that the facilities will be used only by persons of sufficient age to assume the risks attendant to this activity, who possess an adequate skill level as a cyclist, have knowledge of applicable laws and will comply therewith.

Points of Interest
1. Plantation Square Shopping Center
2. North East Recreation Center
3. Lakeland Square Mall
4. Tenoroc Preserve
5. Lake Parker Park
6. Tiptown Complex/Marshant Stadium
7. Simpson Park Complex
8. Lakeland Regional Medical Center
9. South West Sports Complex
10. Lake Bonny Park
11. Polk Museum of Art
12. Southwest Florida Museum
13. Downtown Lakeland
14. Polk State College
15. University of South Florida
16. Circle B Bar Preserve
17. Florida Polytechnic University

Bicycle Advocacy Groups
Bicycling In Lakeland / www.facebook.com/Bicycling-In-Lakeland
Folk Area Bicycling Association / www.polkbiking.com
Bike Florida / bikeflorida.org
Florida Bicycle Association / www.floridabicycle.org

ZAGSTER.COM/LAKELAND

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